

**Roles and Responsibilities
of
Crisp County High School Personnel**

Athletic Trainer Responsibility

1. Show MRSA/Skin Infection DVD to athletic teams and coaches to educate them on the seriousness of the topic.
2. Display posters and other types of signage in and around athletic facilities that promote proper hygiene and other preventative measures.
3. Communicate with athletes and coaches on a continuous basis on how to prevent the spread of MRSA and other skin infections.
4. Be on the lookout for any skin infections on the bodies of athletes as you conduct your normal duties before or during practices and games.
5. Communicate with the school nurse the policies and procedures that have been implemented in the district.
6. Follow the steps that have been formulated that cover the confirmation of a MRSA or other serious skin infection case.
7. If an athletic trainer is uncomfortable with a clearance, they may prohibit the athlete from returning to participation, and contact their principal and district athletic office for further guidance.

Athletic Director Responsibility

1. Ensure that the school principal is notified of all situations that involve a confirmed case of MRSA or other serious skin infection.
2. Ensure that the athletic coaching staff attends the required trainings and are able to follow the district policies and procedures following a confirmation.
3. Works with appropriate school personnel to facilitate daily cleaning schedules of all athletic facilities. Confirm that the required cleaning products (Pine Quat) are located within the school.
4. Liaisons with the district athletic office to secure any additional services such as cleaning teams, AC repairs, etc.
5. Assists athletic trainer in properly communicating preventative measures with parents and athletes.
6. Remind coaching staff about their responsibilities of educating their athletes about proper hygiene and keeping locker cleaned and personal clothing taken home daily.

Athletic Coach Responsibility

1. Attend all trainings offered by the athletic trainer and athletic director concerning MRSA and related skin infections.
2. Make certain that all student-athletes under their authority attend trainings related to the topic.
3. Assist the athletic trainer in watching for signs or symptoms of MRSA or similar skin infections that may be contracted by their student-athletes.
4. Remove any student-athlete from participation immediately if an open wound or other type of skin condition is detected, and report to the athletic trainer at once.
5. All **game/competition** jerseys, pants, socks, and other articles of clothing need to be washed and dried within 24 hours post game or competition. All clothing should be washed with laundry detergent and all drying shall consist of hot temperature control setting.
6. All **practice** jerseys, pants, socks, and other articles of clothing should be washed on a daily basis or at maximum every 2 days.
7. Instruct all athletes with jerseys worn over padding that it must be removed and hung to dry each day after practice and must not be left on or inside padding overnight. All equipment must be properly stowed away each day and separated from all other sport equipment and clothing.
8. Ensure that all locker rooms are kept clean, picked up, and athlete's personal clothing is taken home each day for cleaning and not left in the locker rooms.
9. All sports equipment should be cleaned and disinfected on a regular basis. This may include equipment worn by athletes such as helmets, shoulder pads, and protective padding. It is recommended that such items are cleaned, sanitized, and left in direct sunlight for drying.
10. Promote to athletes proper shoe attire while in the locker room. This includes personal flip flops, shower shoes, or tennis shoes to be worn inside locker rooms.

Custodian Responsibility

1. Make sure all locker rooms are cleaned on a daily basis. (This includes mopping, sanitizing, and disinfecting).
2. Make sure all trash bins are emptied each day and replaced with new liners.
3. Remove all unclaimed articles and dirty clothing from the locker room found left on the floor.
4. Spray each locker room, locker, and showers on routine basis with school approved disinfectant (Pine Quat). Disinfectant must be left to air dry and must not be removed with water, soap, or cleaning materials. Pine Quat works best if left to air dry 10 minutes or longer.
5. All toilets must be cleaned and disinfected on a daily basis.
6. Provide or have available anti-bacterial showering soaps and hand soaps for all locker rooms. (It is recommended that soap dispensers rather than individual bars of soap be available). This will help reduce and possibly eliminate cross- contamination.

School Nurse Responsibility (If available)

1. Monitor all students that may present possible signs of MRSA and report to the school principal cases that have been given a positive diagnosis.
2. Communicate with the athletic trainer on regular basis ensuring that both are updated and reviewed on new procedures pertaining to MRSA.
3. Recommend any student with possible signs of MRSA to local physician offices, school nurse practitioners, and/or hospitals for proper care and treatment.
4. Make sure all areas of the nurse's station, room, and restrooms are kept clean, sanitized, and disinfected on a daily basis.
5. All blankets, pillow cases, and items used for patient comfort are cleaned and disinfected on a regular schedule.

Action Steps for Possible/Confirmed Cases

1. Athletic trainer, after examining and treating athlete, contacts parents to inform them that athletic participation is suspended pending a written clearance is received from a medical doctor.
2. Athletic trainer notifies principal, athletic director and school nurse if they feel that there is a possibility of a serious skin infection case.
3. Athletic director initiates immediate cleaning and disinfecting of all areas.
4. Athletic trainer and director communicate with members of the athlete's team in order to review appropriate hygiene procedures. Steps to implement may include all clothing, pads, helmets, knee pads, travel bags, etc. taken home to clean.
5. District provides written scripts in order to share information with parents at the school for both proactive and reactive scenarios.
6. After confirmation of serious skin infection is received, the school notifies the district office using the appropriate method. Environmental Compliance and Custodial Services administrators will evaluate the situation with the school principal and develop an action plan for cleaning/disinfecting affected areas of the school site.
7. Visiting teams that have had contact with affected individual are notified about the confirmation as soon as possible so that appropriate steps may be taken to limit the spread of the infection.
8. Incident report is generated by athletic trainer and the district athletic director is notified.
9. If the situation worsens considerably after school hours, the principal or their designee will contact the district's emergency number, 229-276-3400, to report details.
10. Only skin conditions that have been properly diagnosed and treated by a medical professional may be covered to allow participation of any kind.

Preventative Measures

1. All environmental hard surfaces that may come in contact with body fluids should be cleaned and sanitized daily with appropriate product.
2. Locker rooms, weight rooms, shower areas and other related facilities should be cleaned daily if used.
3. All weight benches and bars should be cleaned and wiped down daily with an anti-bacterial cleaning agent.
4. Make sure that padding and other equipment is stored someplace where it can dry out after use. All exposed padding to weight benches shall be removed and replaced with new padding.
5. Remind athletes that washing their hands with warm, soapy water frequently is one of the best methods to prevent MRSA and other diseases.
6. Encourage immediate showering following activity.
7. Remind athletes not to share personal hygiene items (bar soap, towels, and razors), clothing, water bottles, towels or athletic equipment.
8. All dirty clothes should be taken home and cleaned on a daily basis. Do not leave jerseys on pads overnight.
9. Cover all cuts and scrapes. If a bandage or wrapping falls off, have it replaced immediately.
10. Include student-athletes and parents in any types of communication that can assist in preventing the spread of skin infections.
11. Remind athletes that they must report every skin wound to their athletic trainer or coach.

CRISP COUNTY HIGH SCHOOL LOCKER ROOM INSTRUCTIONS

IT IS UP TO YOU TO PREVENT THE SPREAD OF BACTERIA AND INFECTIONS

1. WEAR CLEAN CLOTHES DAILY
2. PUT DIRTY CLOTHES IN A PLASTIC BAG AND TAKE HOME DAILY
3. PUT TOWELS IN A PLASTIC BAG AFTER USING AND TAKE HOME DAILY
4. DO NOT SET DIRTY TOWELS, CLOTHES ON THE FLOOR OR BENCHES
5. DO NOT LEAVE DIRTY TOWELS OR CLOTHES IN LOCKER OVERNIGHT – TAKE HOME
6. WEAR PERSONAL CROCS/FLIP FLOPS IN LOCKER ROOM – DO NOT WALK AROUND BARE FOOTED
7. DO NOT SHARE PERSONAL ITEMS (TOWELS, RAZORS, SOAP...)
8. COVER ALL CUTS AND SCRAPES
9. WASH YOUR HANDS FREQUENTLY
10. SEE THE AHLETIC TRAINER IF YOU HAVE ANY OPEN WOUNDS OR CUTS

FOOTBALL AND SOCCER PLAYERS

1. DO NOT LEAVE JERSEYS ON PADS OVER NIGHT
2. PADS NEED TO HANG IN LOCKERS OVERNIGHT TO DRY OUT
3. ALL DIRTY CLOTHES NEED TO GO HOME DAILY
4. DO NOT WEAR CLOTHES FOR MORE THAN ONE WORKOUT
5. PUT PADS OUT IN HOT SUN. BACTERIA HATES THE SUN
6. DO NOT SHARE CLOTHING OR UNIFORMS WITH OTHER TEAM MEMBERS